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	Hand Arm Vibration Risk Assessment Form	
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Assessor		Name	
Position		Duration of job	<<e.g. Five days>>
Employee		Nature of the works	<<e.g. Drilling holes in ground floor walls in preparation for damp proofing injections>>
Job			

Tool(s) to be used	<<e.g. RYO<>	Reference	ABC1234<>	Projected exposure time	
Vibration value of tool in material to be cut/drilled				Points	

Above exposure limit	400 +			Below exposure limit	0-67	
May exceed exposure limit	251-390					

Hz No	Vibration Hazard Factors	Existing controls	Further controls / action	Residual Risk		
				P	S	R
1						
2						
3						
4						
5						

6						
7						

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