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Recipe / Dish: <<e.g. Chicken Curry>>		Date:	
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Allergens Group	Details
Cereals containing gluten	Wheat rye barley oats spelt (wheat) wheat (wheat) codex wheat starch barley malt extract Other
Crustaceans	Crab (crustaceans) lobster (crustaceans) crayfish (crustaceans) shrimp paste (crustaceans) Other
Eggs	Eggs Other
Fish	Fish cod (fish) fish stock salmon (fish)
Peanuts	Groundnut oil (peanuts) peanut oil (peanuts)
Soya-beans	Soya (flour) beancurd (soya) edamame (soya) soya protein tofu (soya) Other
Milk	Milk fromage frais (milk) marscapone (milk) lactose (milk) casein (milk) whey (milk) Other
Nuts	Almonds hazelnuts walnuts cashew nut pistachio nut macadamia nut queensland nut Other
Celery	Celery stalks celery seed oil celeriac (celery root) celery seeds celery oil celery salt celery spice celery seed oleoresin Other
Mustard	Mustard leaves table mustard mustard seeds mustard oil mustard flour mustard oleoresin mustard seed oil Other
Sesame	Sesame oil tahini (sesame) sesame seeds Other
Sulphites (used as preservative)	Sulphur dioxide and sulphites sulphur
Lupin	Lupin seeds lupin flour Other
Molluscs	Mussels (mollusc) octopus (mollusc) Other

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