S

Talk No. 3

Start time End

## Duration

## 1. Introduction:

 Suitable and sensib effective protection

## 2. Main Points:

- 2.1 Wear head protection
- 2.2 Wear safety shoes/ of your feet.
- 2.3 Wear gloves where
- 2.4 Wear hi-visibility clo
- 2.5 Keep clothing reaso

## 3. Points to remember

- Skin cancer is dead sunny conditions.
- 3.2 Avoid exposed ski insulation, etc.
- 3.3 If the clothing you a it washed.
- 3.4 If working with haza
- 3.5 Wear any PPE prov
- 3.6 Consider fire hazar required?
- 3.7 Jewellery, including when working on p and tear).
- 3.8 Always dress proper clothing as required

nazards.

site of site safety and can provide

your life!

ction to your toes and to the soles

hands.

ainst dermatitis, fire, etc.

r use sun screen when working in

ubstances such as cement, tar,

ntaminated then remove it and get

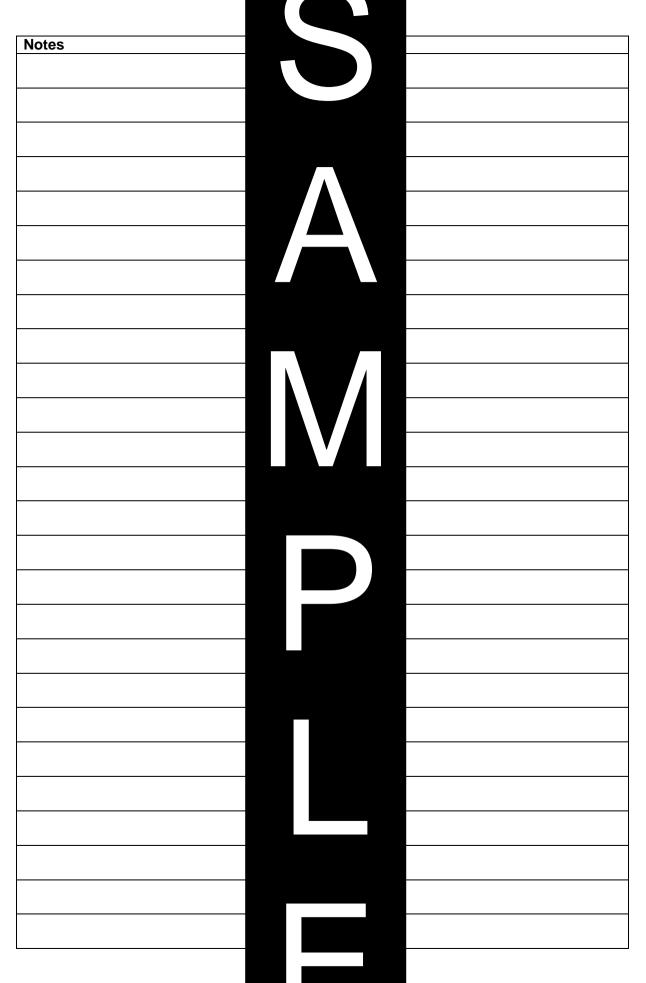
ler the use of suitable coveralls.

that it can look after you.

han wool; is fire retardant clothing

be hazardous near machinery and f or taping up (also reduces wear

and be prepared to swap or add



ATTEN SHEET

	<u>ATTEN</u>	SHEET	
Talk No. 3		ng	
All operatives listed ar	nd signed belo	Box Talk.	
Date			
NAME			