



Talk No. 8		Working at Heights	
Start time		End	Duration

1. **Introduction:**

- 1.1 Falling from height is one of the leading causes of fatalities in the construction industry. Many of these fatalities are as a result of falling less than 2 metres. All such deaths are preventable.

2. **Main Points:**

- 2.1 Can work at height be eliminated?
- 2.2 Plan work at height (for people and materials), PPE, edge protection (for people and materials) applicable.
- 2.3 If you are using a roof edge guard-rails and toe-boards are to be fitted.
- 2.4 Where it is impractical to fit intermediate guard-rails and toe-boards (short duration work) suspension equipment/fall arrest must be used.

3. **Points to remember**

- 3.1 If roof work is involved, implement suitable measures to protect fragile areas and/or openings and prevent materials from falling.
- 3.2 Access ladders must extend sufficiently beyond working platforms to allow for safe use.
- 3.3 Where access ladders are used on roofs over 9m then suitable intermediate platforms must be provided.
- 3.4 Consider weather conditions and/or icy conditions can have a serious impact on safety.
- 3.5 Ensure operatives are physically capable for tasks being undertaken.
- 3.6 If guard-rails, fragile areas, etc., are removed for any reason then they must be replaced as soon as possible, and in the interim use alternative measures.
- 3.7 Use crawling boards where applicable.

Notes

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ATTENTION SHEET

Talk No. 8	
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All operatives **listed and signed** below Box Talk.

Date

NAME